

Matt Smedick
Daily Logs Total and Weekly Observations

Entry #1

December 29, 2011

Today's Hours: 8:00 a.m. – 4:00 p.m. (8 hours)

Running Total of Hours: 8 hours

Today I worked a 9th grade basketball tournament and assisted in keeping score for four games and also made sure the officials signed the pay form to ensure a check would be mailed to them. I learned how to use the scoreboard machine and how to manage the scorebook for basketball games.

Entry #2

December 30, 2011

Today's Hours: 8:00 a.m. – 4:00 p.m. (8 hours)

Running Total of Hours: 16 hours

Today I also worked the second day of the two day tournament and assisted in numerous activities for the basketball games. I helped keep score for multiple games and ran the game clock. I also made sure the proper equipment was out for the kids and the referees signed in so we could mail them their checks.

Entry #3

January 3, 2012

Today's Hours: 2 p.m. – 9:15 p.m. (7 hours 15 minutes)

Running Total of Hours: 23 hours 15 minutes

Today was a busy day at Cumberland Valley High School. We had three boys' basketball games scheduled against Bishop McDevitt High School and a swim meet against, my alma mater, Central Dauphin High School. For the basketball games, I assisted setting up the scoreboard machines for the main board and the side board. I also helped setting up the chairs for the teams and made sure the officials signed the proper papers for each game. As for the swim meet, I also assisted the officials with their paperwork and made sure that was handled.

Entry #4

January 5, 2012

Today's Hours: 2 p.m. – 9:00 p.m. (7 hours 15 minutes)

Running Total of Hours: 30 hours 30 minutes

Today at Cumberland Valley High School there was a rival wrestling match scheduled between the Eagles of CV and the Rams from Central Dauphin. This match was highly anticipated and was a big hype in the school because the match was to be televised on a branch channel on ABC for Comcast subscribers. During my hours worked today I assisted in setting up the scoreboard for the match and also helped setup the chairs for the two teams. I also made sure that the officials signed the proper paperwork for their check to come in the mail.

Entry #5

January 9, 2012

Today's Hours: 1:00 p.m. – 9:15 p.m. (8 hours 15 minutes)

Running Total of Hours: 38 hours 45 minutes

Today, there were three basketball games scheduled for the boys basketball teams at Cumberland Valley; Freshman, Junior Varsity, Varsity. The contest was against the Central Dauphin Rams. I assisted in the setup for the game, connecting the scoreboard machines and setting up the chairs for the teams. I also made sure all of the officials signed the proper paperwork and let them into their locker rooms at the correct times. I made sure the basketballs were also available for the teams to shoot around before the game and at half time. Today, I received a key of my own that opened the officials locker rooms and equipment rooms so I could easily handle various daily athletic activities.

Entry #6

January 10, 2012

Today's Hours: 2:30 p.m. – 9:15 p.m. (6 hours 45 minutes)

Running Total of Hours: 45 hours 30 minutes

Today at my work experience the wrestling team faced another big matchup against rival high school, Big Spring. The Bubblers from Big Spring defeated the Eagles from Cumberland Valley 36 – 30 in an exciting match. During my hours worked today I assisted setting up the event by putting the chairs for both teams around the mat and made sure the officials signed the proper paperwork so they would get paid. I also broke down the scoreboard machines and microphone that I setup prior to the match.

Entry #7

January 11, 2012

Today's Hours: 2:30 p.m. – 9:30 p.m. (7 hours)

Running Total of Hours: 53 hours 30 minutes

On this Wednesday afternoon at Cumberland Valley High School, the Lady Eagles hosted the Lady Cougars from Harrisburg High School. It was an exciting game; the Lady Eagles battled but fell just short. During my work today I let the Lady Cougars into their locker rooms and assisted the school trainer in assuring a cooler with water and ice for the officials. I also yet again had the responsibility of handling the officials and setting up the scoreboards in the dome gymnasium.

Entry #8

January 12, 2012

Today's Hours: 10:00 a.m. – 5 p.m. (7 hours)

Running Total of Hours: 60 hours 30 minutes

Today at Cumberland Valley, I had the opportunity to sit down and observe two interviews for the head girls' volleyball coach position. Throughout the day, my boss explained to me some of the main qualities they are looking for in the candidate to be the head coach of

girls' volleyball. Cumberland Valley has a reputation of building a strong volleyball program that starts at the middle school level. My supervisor, Mr. Craig, had a set of questions that he, one of the principles, and the assistant athletic director would ask the candidates throughout the interview process. It was very interesting sitting in on these interviews because I was able to see what it is like sitting on the other side of the hiring process and seeing what discussion and other aspects are analyzed to select a good candidate. One of the big aspects of being a head coach in today's high school environment is being able to work alongside the student-athletes, handling parental issues, and assuring the booster club does not have power inside the sport.

Entry #9

January 13, 2012

Today's Hours: 10:00 a.m. – 3:00 p.m. (5 hours)

Running Total of Hours: 65 hours 30 minutes

The following day at Cumberland Valley, I was able to observe three other candidates who applied and interviewed for the head girls volleyball coaching position. I was able to get a perspective on candidates who were clearly ready for the interview and had other extensive plans for the volleyball program to keep the program interesting to students and growing as a powerhouse in the Mid-Penn Conference. There were candidates who had assistants and volunteers ready just in-case they would get the job as head coach. But the main aspects we were looking for as a head coach was someone who had previous experience with coaching volleyball and who had a base idea on how to handle the parents and boosters of Cumberland Valley. After I sat through three separate interviews, my boss and his assistants went over all of the candidates who interviewed and scored them after each interview. We then analyzed the various candidates on a scoring system after each of them went through the interview process. We went through each candidate and then they based their decision from the critiques, notes, and how the candidate handled the interview questions. After getting a feel for what it was like on the other side of the hiring process, I received vital information that will defiantly help me later on applying for jobs. I was able to harness the type of answers and what people really are looking for in interviews; proof that you have the vital experience and social skills to be able to organize and manage a athletics team at the high school level. This was truly a great experience for me to observe what really goes on during the hiring process of coaches.

Entry #10

January 19, 2012

Today's Hours: 2:30 p.m. – 9:30 p.m. (7 hours)

Running Total of Hours: 72 hours 30 minutes

On this Thursday evening at Cumberland Valley High School, the Eagles hosted a wrestling match against the Trojans from Chambersburg. During my work experience today, I handled the officials for the Junior High, Junior Varsity, and Varsity matches. I made sure that they found the locker rooms, had water in a cooler, and signed the proper paperwork for receiving payments. I also helped setup for the matches by setting up the scoreboards and chairs for both squads. After this match, I really thought that I learned how the sport of wrestling is played. I was able to learn the different rules and how points are scored and how the various

weight classes are selected. My high school, Central Dauphin, was very good at wrestling, winning three state championships while I attended.

Entry #11

January 21, 2012

Today's Hours: 3:00 p.m. – 9:30 p.m. (6 hours 30 minutes)

Running Total of Hours: 79 hours

On this Saturday night at Cumberland Valley, the Lady Eagles faced the Lady Mustangs from South Western High School. During my time at the games I was responsible for setting up the scoreboards and microphone, starting the music for the game, handling the officials prior, during and post game. I was also responsible for getting the basketballs ready for the girls for pre-game shoot around and half-time warm-ups. I also helped break down the scoreboard equipment after the game and made sure the official's locker rooms were clean. Tonight was the first night I was taught how to work the speaker system for the dome gymnasium.

Entry #12

January 24, 2012

Today's Hours: 2:30 p.m. – 10 p.m. (7 hours 30 minutes)

Running Total of Hours: 86 hours 30 minutes

This was a big night yet again at Cumberland Valley High School. We hosted four basketball games including; the freshman girls, the junior varsity boys, and girls and boys varsity against Chambersburg High School. The varsity games were televised on a branch channel of ABC27, a local news station. During my internship tonight I was responsible for setting up the scoreboards, microphone, handling the officials prior, during, and after the games. I made sure the referees signed the proper paperwork and I was also given the responsibility of assisting security with managing the student section at the game and taking tickets from students and attendants of the games.

Entry #13

January 26, 2012

Today's Hours: 2:30 p.m. – 8:00 p.m. (5 hours 30 minutes)

Running Total of Hours: 93 hours

This evening at Cumberland Valley High School, we hosted a swim meet against Hershey High School. Hershey is considered one of the best swimming programs in the country and has been the top in the state for multiple years. My responsibilities for the swim meet were to handle the officials and make sure they signed the proper paperwork for payment. I also oversaw the seating and security of the folks entering the meet. It was the senior night for the Cumberland Valley swimmers so I saw the whole showcase of the seniors prior to the match. What I learned about swimming meets is that there is a lot of preparation needed to setup a meet with all of the electronics involved and the stat sheets for the officials. There is also a complex software they use to keep records and such for the swimmers which is pretty interesting.

Entry #14

January 31, 2012

Today's Hours: 3:00 p.m. – 9:30 p.m. (6 hours 30 minutes)

Running Total of Hours: 97 hours 30 minutes

Tonight at Cumberland Valley High School, the Eagles hosted a boy's basketball game against the Steam Rollers from Steelton-Highspire High School. It was also Senior Night for the CV Cheerleaders. There was only a Junior Varsity game and a Varsity game. My responsibilities consisted of setting up and breaking down the chairs, scoreboard machines, and the microphone. I also handled the official's locker room to ensure it was stocked with a cooler of water and that they signed the paperwork for payments. The Eagles lost a tough one 56-55 to the Steam Rollers. I was responsible of the student section again and taking tickets from students entering the game.

Entry #15

February 1, 2012

Today's Hours: 1:00 p.m. – 3:30 p.m. (2 hours 30 minutes)

Running Total of Hours: 100 hours

Today was a very significant day for high schools nationwide. It is National Signing Day for high school athletes who plan on playing sports at the Division I or II level. It is also the busiest fax day of the year. Cumberland Valley sent 19 kids off to colleges and universities to participate in their athletic programs. This was a very big day not only for the students themselves, but for the media hype surrounding National Signing Day. During my work experience today, I helped set up the tables and the clothes over the tables. I assisted with the chair setup and putting a piece of paper on the table if the student-athlete did not have the actual letter of intent to sign. I also set up the podium for the event and laid out the pens for each student-athlete. I was able to get a chance to speak with a number of local news station anchors and it was a good networking event for me.

Entry #16

February 3, 2012

Today's Hours: 2:30 p.m. – 9:30 p.m. (7 hours)

Running Total of Hours: 107 hours

This evening at Cumberland Valley High School the Lady Eagles hosted a three basketball games against the Lady Rams from Central Dauphin. The main responsibilities for my internship this evening was to let the Lady Rams into their locker rooms, handling the referees prior, during, and after games, and assist with the setup and breakdown of the chairs and electronic scoreboard machines. I also helped collect tickets from students in the student section. I handled the basketballs for the teams for pre-game shoot around and during half-time as well. It was a disappointing night for the Lady Eagles however, as they fell to rival Central Dauphin Rams.

Entry #17

February 4, 2012

Today's Hours: 3:00 p.m. – 9:30 p.m. (6 hours 30 minutes)

Running Total of Hours: 112 hours 30 minutes

Tonight at Cumberland Valley High School the Lady Eagles took on the Lady Wildcats from Dallastown High School. My responsibilities for the Junior Varsity and Varsity matchups were to set up and breakdown the score table and handle the visitors when they arrived as well as the officials. I made sure the referees signed the proper paperwork for payments and got the basketballs out for the girls to shoot around prior to the game and at half-time. I also cleaned up the officials' locker room after the games and made sure the trainers received their coolers back. The young Lady Eagles were victorious over the Wildcats by nearly twenty points.

Entry #18

February 7, 2012

Today's Hours: 2:30 p.m. – 9:30 p.m. (7 hours)

Running Total of Hours: 119 hours 30 minutes

During this evening at Cumberland Valley High School the Lady Eagles took on yet again the Lady Cougars from Harrisburg High School. I had numerous duties to fulfill prior, during, and after the games. Before the games started I setup the scorer's table with the microphone and scoreboard machines. I also got the cooler ready for the officials and handled their paperwork and assisted them at half-time and after the games. My other responsibilities included starting the music for the games and breaking down the scorer's table afterwards. The Lady Eagles were victorious over the Lady Cougars from Harrisburg.

Entry #19

February 8, 2012

Today's Hours: 3:00 p.m. – 8:00 p.m. (5 hours)

Running Total of Hours: 124 hours 30 minutes

Today, Cumberland Valley High School hosted the Mid-Penn Diving Championships. This event consisted of the best divers throughout the area. During this event I assisted the Assistant AD in preparation for the swim meet and making sure all of the equipment needed for the event was running properly. I also was given the responsibility to handle the officials for the event and ensure they signed the correct paperwork to receive payment in the mail. I helped security throughout the event and also took tickets for folks coming into the pool. Since this was not a Cumberland Valley sanctioned event I was paid for services by the Mid-Penn Athletic Association which was nice. I learned that an event hosted at a high school for championship purposes is different because it is handled by the Mid-Penn and is overseen by the hosts school's Athletic Director.

Entry #20

February 11, 2012

Today's Hours: 9 a.m. – 1:15 p.m. (4 hours 15 minutes)

Running Total of Hours: 128 hours 45 minutes

On this Saturday morning, Cumberland Valley High School hosted the Mid-Penn Swimming Championships. The event consisted of over 30 teams throughout the Mid-Penn. During this event, I assisted the AD with the handling of the setup for the event by help placing tables and dividers. I also helped taking tickets and seating for the event. I handled the officials for the matches and assured that they signed the proper paperwork. After the people were seated, I was given responsibility to watch who comes in and out of boy's locker room. To be granted entrance, both swimmers and coaches needed to show their passes to the event. Overall, it was a good experience because I was given various tasks throughout the day that helped run the swimming championships smoothly.

Entry #21

February 14, 2012 (Mid Penn BBall Semi-Finals)

Today's Hours: 3:00 p.m. – 9:30 p.m. (6 hours 30 minutes)

Running Total of Hours: 135 hours 15 minutes

This evening, Cumberland Valley High School was selected to host some Mid-Penn Semi-Final basketball games. Prior to the games, I was responsible for setting up the scorer's table with the scoreboard machines and microphone. I also prepared a cooler for the officials in their locker room, and made sure they all signed the proper papers for the games. The first contest was a Girls AAA match-up between the Lady Cougars of Palmyra and the Lady Warriors from Gettysburg. It turned out to be a good game as the Warriors from Gettysburg emerged victorious. The second game was a Boys AAAA semi-final between the Trojans from Hershey High, and the Blue Devils from Greencastle-Antrim. This match came down to the wire as Greencastle pulled out with the win. During the two games, I handled the music for pre-game and escorted the officials to their locker rooms at the appropriate times. I also was responsible for letting the teams into their proper locker rooms before the game and handled the security for the student sections for the contests.

Entry #22

February 16, 2012 (Mid Penn BBall Finals)

Today's Hours: 3:00 p.m. – 9:15 p.m. (6 hours 15 minutes)

Running Total of Hours: 141 hours 30 minutes

Tonight at Cumberland Valley High School it was a night that I will never forget for the rest of my life. CV hosted the Mid-Penn Conference Basketball Finals for both girls and boys. Before the games started, it was my responsibility to help setup the scorer's table and get the paperwork prepared for the officials. I also let the teams into their locker rooms and was responsible for handling the refs at halftime and after the game. They assigned me to help out with securing the student sections for the games. During the first game the Trinity Shamrocks played the Lady Warriors from Gettysburg. It ended up being a very close game but the warriors rose victorious. During the second contest something happened that is a rare thing to witness in sports. Devin Thomas, the stud 6' 8" senior from Central Dauphin, dunked against the Blue Devils from Greencastle-Antrim and shattered the backboard. As this happened, the running back for the Philadelphia Eagles and Harrisburg native, Lesean McCoy, took a picture of the backboard and tweeted it. The play eventually ended up as being the number one top play on

ESPN's Sports Center that night. It was a good experience for me because once the play happened, my supervisor had to meet up with the officials and make a decision whether to finish the game in the auxiliary gym with no fans, or postpone the game until tomorrow. As they were frantically trying to decide a solution the decision was made to suspend the game until the next night and play would continue where it left off with about three minutes left in the third quarter. Fans would not have to pay to get into the game again as well so admission was free for everyone. This was a great experience for me because it was a real life incident that had to be handled in a short amount of time and decisions had to be made by those in higher authority. My high school ended up hosting the game the next day and had to borrow another local high school's backboard for a replacement.

Entry #23

February 17, 2012

Today's Hours: 2:30 p.m. – 9 p.m. (6 hours 30 minutes)

Running Total of Hours: 148 hours

This evening at Cumberland Valley, we hosted multiple events. We had the PSAC . (Pennsylvania State Athletic Conference) Swimming Championships being held at the pool and the continuation of the Boys Mid-Penn Championship basketball game between Central Dauphin and Greencastle-Antrim. Prior to the basketball game, I helped setup again and was responsible for taking tickets and securing the Central Dauphin student section. I also played the music for the game and got the equipment needed for the shoot a rounds. The game did not last too long because it was a continuation and there was only three minutes left to go in the third quarter. As for the PSAC Swimming Championships, I helped with seating and security for the attendees. After the event, I helped break down the tables and equipment used for the event. It was a good experience because I was able to see what it is like trying to get a taste of running and overseeing numerous events going on at the same school.

Entry #24

February 18, 2012

Today's Hours: 8 a.m. – 12 p.m., 3 p.m. – 7 p.m. (8 hours)

Running Total of Hours: 156 hours

Today at Cumberland Valley High School, I helped work the PSAC swimming championships yet again. Today, there were two different sessions, one in the morning, and one in the evening. My responsibilities throughout the day were to help out with seating fans in an orderly manner and to make sure the officials were taken care of over the course of the day. The pool seating area only seats 400, so people would have to stand or watch the meets out on the projector. Even though not everyone fit into the seating area it was a success. It was very interesting to me working a swim meet because it is a sport that gets very intense and competitive. This event consisted of the various Division II schools in the state like West Chester, Bloomsburg, Millersville, IUP, etc... I found it interesting that most schools had a women's swim team but not a men's. The event was very successful, and we were actually complimented on how everything was organized, managed, and handled. Today was a good experience because it gave me a perspective on how to control and handle communicating with the public.

Entry #25

February 29, 2012

Today's Hours: 2:30 p.m. – 5 p.m. (2 hours 30 minutes)

Running Total of Hours: 158 hours 30 minutes

Today was an important day for the athletic department at Cumberland Valley High School. It was the day spring athletic coaches had their initial meeting for the season presented by the Athletic Director of CV, Mike Craig. During the meeting, Mr. Craig introduced the athletic department, coaches and the trainers. He had a set agenda for each coach for the meeting and reminded them of the things they must do before the upcoming spring sports season. During the meeting, Mike went over the ten things athletic administrators expect from coaches. This consisted of things such as; putting athletes first, being a role model, strive for growth, positive experience, etc... These standards are the basis of what behavior is expected from the coaches. He also reminded them of the rules interpretation meetings, eligibility guidelines, contracts with school, the cut policy, parent meetings, team pictures, practice times, calling in scores, special awards/achievements, equipment, keys, and school/district guidelines etc. There was a lot more to being a high school coach than I thought. There are very many rules, guidelines, and regulations they must follow and then being able to field a good team. I was surprised at all of the small details that you really do not think of as a student-athlete. It was a good experience seeing what it is like on the other professional side of high school athletics.

Entry #26

March 1, 2012

Today's Hours: 2:30 p.m. – 9:30 p.m. (7 hours)

Running Total of Hours: 165 hours 30 minutes

This evening at Cumberland Valley High School, we hosted a triple header. Prior to the games, I assisted setting up the scorer's table and the microphone and the "X" substitute mat. I also filled a cooler of water for the official's locker room, retrieved their signatures for the games, and prepared the proper balls in the racks for the boys and girls for pre-game shoot rounds and at halftime. I was responsible for letting the teams into their locker rooms, and for letting the officials to the locker rooms at the proper times. Another important duty of mine for most basketball games is warning the teams and officials of how much time is left at the halftime break.

As for the first game of the night, it was a girls AAA consolation match for fifth place in District III between Susquehanna Township and West York. The ladies battled hard and the Lady Bulldogs of West York ended up defeating the Lady Indians from Susquehanna Twp. After this game, I had to make sure the boys balls were out and ready to go for the pre-game shoot around for the next game. The second event of the night was a boys AAAA consolation game for fifth place in District III. The matchup was between the Rams from Central Dauphin, and the Eagles from Dover High School. I was again responsible for the equipment, officials, and as the game was being played I was assisting security and ticket taking for the student section in the dome gymnasium. CD ended up putting a beating on the Dover Eagles as they cruised to live another day until the state tournament. The last game of the night was between the Bobcats from York High, and the Panthers from Central Dauphin East High School. I held the same

responsibilities for this game as I did in the previous two. The York High Bobcats outplayed the Panthers and secured their number three spot in the district.

This was a very exciting and entertaining night at Cumberland Valley, and a great start to feel the thrill of March madness even at the high school level.

Entry #27

March 5, 2012

Today's Hours: 2 p.m. – 5:30 p.m. (3 hours 30 minutes)

Running Total of Hours: 169 hours

This day marked the very first day of spring athletics for the 2012 season. The spring sports provided at Cumberland Valley High School include: baseball, boys and girls lacrosse, boys and girls track and field, boys tennis, softball, and boys volleyball. The school also has a club rugby team. Today at my work experience, I came in to help make sure all of the coaches had all of the equipment needed to host their tryouts. I assisted in taking some equipment and miscellaneous items to the various fields around the Cumberland Valley Educational Complex. The campus of the high school and middle schools is very large, so the Assistant AD, Darnell Stanford, and I drove around checking in with all of the coaches of the teams to assure everything was running smoothly. This was a good experience because I was able to get a chance to meet and greet all of the head and assistant coaches for the athletic teams at Cumberland Valley. It is an asset to be doing my work experience at a well known large high school in the area because I am able to meet many new people throughout the Cumberland Valley School District and in high school athletics in general.

Entry #28

March 7, 2012

Today's Hour's: 11:00 a.m. – 3:30 p.m. (4 hours 30 minutes)

Running Total of Hours: 173 hours 30 minutes

During the time at my work experience today, I worked on making up various designs for posters to market the various spring sports teams and to highlight their games and contests throughout the season. I looked up all of the Mid-Penn schools' logos for the posters so I could use it as a visual aid on the posters. I also used my supervisor's assistance on which games I should try to highlight and market the most. For example, one of Cumberland Valley's rival high schools is Central Dauphin, so I should try to market a rivalry game to get the attention of fellow students at the school to look forward for a highly anticipated match. Today, I learned more about how to use Microsoft Publisher better for designing poster and small advertisements.

Entry #29

March 12, 2012

Today's Hour's: 11:00 a.m. – 3:30 p.m. (4 hours 30 minutes)

Running Total of Hours: 178 hours

Today at my work experience, I worked again on designing and creating various posters and advertisements for games during the spring sports season. I made a poster about the school's

twitter page and will attempt to popularize the account more because the @CVSDeagles account only has 86 followers and I want that number to increase to at least 250 by the end of the spring season. I also assisted the secretary Louis, filing paperwork for the student-athletes of Cumberland Valley and helped make sure everyone who made a sports team is officially allowed to play and participate in their sport. It was very interesting seeing the work that goes unnoticed behind the scenes when preparing for the upcoming spring sports season. The software programs used nowadays really makes the job a lot easier of organizing and keeping record of students.

Entry #30

March 13, 2012

Today's Hours: 2:00 p.m. – 6:30 p.m. (4 hours 30 minutes)

Running Total of Hours: 182 hours 30 minutes

Today Cumberland Valley had a baseball scrimmage against Dover High School. I came to my work experience today to see the duties the AD must fulfill for a baseball game. I was given the responsibility again for getting the PIAA umpires signatures so they can receive their payment via mail. I also helped the athletic trainer gather her necessities needed for the game. I learned that Cumberland Valley used an iPhone application called GameChanger Baseball/Softball Scorekeeping. It allows an individual to program a team into their GameChanger account and be able to statistically manage your team. It not keeps score and is able to transfer the game and its stats online to share. This is free software that helps out when keeping track of all the stats for the baseball and softball teams at Cumberland Valley. I found this very interesting how technology has improved to be able to keep all the stats from a cell phone. The baseball and softball season will be more entertaining by using this application to help keep focus and statistics for the CV teams.

Entry #31

March 19, 2012

Today's Hours: 2 p.m. – 6:30 p.m. (4 hours 30 minutes)

Running Total of Hours: 187 hours

Today at Cumberland Valley High School, we hosted numerous scrimmages and the first varsity tennis match of the spring 2012 athletic season. I also had the opportunity to show my supervisor the work I have been doing for my special project for my internship requirements. I have been creating various posters to advertise some highlight games throughout the season for each of the spring sports. I am going to make numerous copies of each and hang them up throughout the school.

Nevertheless, I also learned some new things today about the school that I was never informed about before. For example, when I first got to work today, the athletics secretary, Louis, found a problem with two of the girls listed on the girls JV lacrosse roster. The Cumberland Valley School District keeps a database for each and every student called CSIU (Central Susquehanna Intermediate Unit). I was curious about the software so I asked my

supervisor some questions about it. The CSIU is a student management system that handles a district's information and administration requirements.

Other than that, my day went smoothly as I made sure the umpires at the softball and baseball scrimmages signed the proper paperwork and oversaw numerous events happening at the school. I sat in the booth for most of the boys' baseball scrimmage and kept the digital score for the team. Today I learned a lot about the various systems the school uses for managing their students, and athletics.

Entry #32

March 21, 2011

Today's Hours: 2:00 p.m. – 6:30 p.m. (4 hours 30 minutes)

Running Total of Hours: 191 hours 30 minutes

Today at Cumberland Valley High School, we hosted two scrimmages for our defending state champion girls' soccer team. The girls are expected to have a very good squad again and it should be interesting seeing them play this season.

Prior to the soccer games, I walked through the school and put up posters for the upcoming girls varsity softball game against Lower Dauphin on Friday. I also put posters up for the first girl's soccer game of the year to be held on Monday, March 26 against Dallastown. It is critical to stay ahead of schedule so I can advertise games and contests enough time in advance for students and faculty to know about them.

After I finished hanging up the posters, I had to help Darnell get prepared for the scrimmages and made sure the officials signed the paperwork so they could receive payment. I learned how to use the scoreboard at the new turf field at CV and will be given the responsibility to work the clock sometimes throughout the season. It was a good experience because I continue to learn many new skills needed to run athletic contests.

Entry #33

March 22, 2012

Today's Hours: 2:00 p.m. – 5:30 p.m. (3 hours 30 minutes)

Running Total of Hours: 195 hours

Cumberland Valley hosted a JV boy's tennis match today against Cedar Cliff High School. Prior to the match, I went around the two different tennis courts and made sure the wind screens were all attached properly to the fencing. I also was responsible for just overseeing the match with the Assistant AD because the AD had a conference meeting. It was my first high school tennis match that I've ever watched and was surprised because I did not know that the players themselves keep score and call in/out themselves. Tennis at this level is different because there is no way you can have an official to oversee ever single match. Other than that, my first high school tennis match was a good experience.

Entry #34

March 23, 2012

Today's Hours: 2:00 p.m. – 7 p.m. (5 hours)

Running Total of Hours: 200 hours

Today was the start of the girl's softball season at Cumberland Valley. The Lady Eagles took on the Lady Falcons from Lower Dauphin High School. Prior to the game, I went around the school and hung up more posters for upcoming games coming to the school next week. As I was hanging up new posters, I also tore down the old one so I could just have a poster recycling cycle.

After I finished my poster work, I helped the assistant AD, Darnell, to help setup and prepare for the softball game. We had to set up a scoring/announcers table and speakers for the announcing. My responsibilities for the game today included making sure the umpires signed the pay sheet and to assist the scorer and announcer with their needs. I collected the rosters for each team for the scorer and announcer and also played music between innings. During the post game, I helped tear down and clean up of all the equipment used for the game. The softball game was a good experience for me because I learned how to keep the score digitally and assisted the gentlemen that are hired by the school to announce and keep the book for each game.

Entry #35

March 26, 2012

Today's Hours: 12:30 p.m. – 9:45 p.m. (9 hours 15 minutes)

Running Total of Hours: 209 hours 15 minutes

Today at Cumberland Valley High School, we hosted an array of events that consisted of boys JV tennis, boys JV baseball, and girl's varsity and JV soccer. It was also a special day at CV because the school district made a decision in which all athletic booster clubs must be compliant with the school's main office. Cumberland Valley would like to oversee the operations budget of all the athletic booster clubs. They made this decision so that they have an idea of what programs have a stable booster platform and to see what they are spending their money on.

Other than that, the day went pretty smooth as I as given the responsibility to handle the officials for the boy's baseball and girls softball games. After each of the games, I helped tear down the concession stands and the equipment needed for the music played during the pre game and between innings. After the baseball and softball games were finished, I drove up to the turf field up top where lacrosse and soccer are played during the spring. The girl's soccer team played Dallastown and defeated them both at the JV and Varsity level. During the soccer games, I sat up in the press box and assisted with announcing the game and goals scored. I am preparing for the weekends when I announce youth baseball games down in Aberdeen, MD at the Ripken Baseball Experience.

Entry #36

March 27, 2012

Today's Hours: 12:30 p.m. – 9:30 p.m. (9 hours)

Running Total of Hours: 218 hours 15 minutes

This afternoon at Cumberland Valley, we hosted a tennis match, a track and field event, and a boy's volleyball match. During the early afternoon, I hung up posters throughout the school as usual and then was given the responsibility to get the officials signatures that were working the track meet. During my time at the track event, I helped put the various times of runs b the students into their track meet template on an excel spreadsheet. I was in the press box with the announcer for the meet and learned a lot about how a track and field event works. I learned that each track event is in a specific set order for each meet, but as for the field events, they can vary in order from school to school.

After the track and field was over with, I went into the school to work the boy's volleyball games against Red Land High School. During the match, I kept the score at the scorer's table and ran the timeout clock when needed. It was good experience for me learning the insights behind volleyball. By keeping the score, it kept me on the edge of my seat and in the game. The match turned out to be a close one as CV pulled out the victory in the fifth and final game.

Entry #37

March 28, 2012

Today's Hours: 12:30 p.m. – 8:30 p.m. (8 hours)

Running Total of Hours: 226 hours 15 minutes

During the time at my internship today, I assisted with a varsity baseball game and boys and girls lacrosse games. For the baseball games, I helped set up the equipment for music and audio for the announcer as well as collected the lineups from each of the coaches. I helped the scorekeeper keep track of what was happening throughout the game so he could program the plays into the GameChanger application on the iPhone. This technology is really cutting edge and Cumberland Valley High School boy's varsity is the most popular team in the state of Pennsylvania on the website. After the game was completed, I helped tear down the concession stand and the audio equipment used during the game.

As far as the boys and girls lacrosse games go, I helped keep the clock for the last two quarters of the game. Boy's lacrosse is different from girls because the clock stops at every whistle and they play 12 minute quarters. In girl's lacrosse, they play two 30 minute halves and the clock is running except when goals are scored. It was good experience for me to learn the rules of the lacrosse games, so I can keep the time throughout the spring when needed.

Entry #38

March 29, 2012

Today's Hours: 12:30 p.m. – 7:00 p.m. (6 hours 30 minutes)

Running Total of Hours: 232 hours 45 minutes

Today at Cumberland Valley, we hosted a boy's tennis match and a varsity baseball game and against the Ephrata Mounts. During my time at CV, I helped set up the equipment for music and audio for the announcer again. I also put the lineups in the scorebook for the scorekeeper and as well as collected the lineups from each of the coaches. I helped the scorekeeper keep track of what was happening throughout the game so he could program the plays into the

GameChanger application on the iPhone. The Eagles ended up losing the game and took their first loss of the season from a Lancaster County team. After the game ended, I assisted with the cleanup of the surroundings and putting away the tables for the concession stand and the audio/electrical equipment.

Entry #39

March 31, 2012

Today's Hours: 10:00 a.m. – 6:30 p.m. (8 hours 30 minutes)

Running Total of Hours: 241 hours 15 minutes

During the duration of my day at Cumberland Valley, I arrived at 10 in the morning because we hosted two boy's lacrosse games, a boys JV baseball game, and two girls' soccer games. Throughout the day, I was given various responsibilities to handle the officials for the games and make sure they signed the proper paperwork for payment. I also assisted in announcing for the girls JV soccer game against Governor Mifflin. It was a long but exciting day because there were so many sports going on at one time. It would be a lot of work if Cumberland Valley just had one AD.

Entry #40

April 3, 2012

Today's Hours: 12:30 p.m. – 9:15 p.m. (8 hours 45 minutes)

Running Total of Hours: 250 hours

On this afternoon at Cumberland Valley High School, we hosted five different games at home. There was a boy's JV tennis match, a JV baseball game, girls varsity softball, and JV and varsity girls soccer. I assisted with handling the officials for the softball and baseball games, and helped run the clock for the girl's soccer games on the turf field. To keep the clock, CV has a new Nevco scoreboard that is controlled by a small hand held control. It is extremely easy to use and is better than any scoreboard that I have ever come in contact with. I really was impressed how easy it was to run the scoreboard for the games. I will be looking forward to controlling the game clock again in the near future.

Entry#41

April 4, 2012

Today's Hours: 12:30 p.m. – 9:15 p.m. (8 hours 45 minutes)

Running Total of Hours: 258 hours 45 minutes

During my work experience today, I hung up posters throughout the school like usual and also assisted my supervisor in the managing and overseeing of six different events at the high school. Throughout the girl's lacrosse game, I was given the responsibility to help announce the game and goals for the players. I have been really getting a knack for announcing games and enjoy it thoroughly. After the lacrosse games, I helped keep score again for boys volleyball as they were victorious again against the Thundering Herd from Carlise High School. It was an exciting day because I was able to get a little taste of everything to oversee and handle various sporting contests.

Entry #42

April 5, 2012

Today's Hours: 12:30 p.m. – 9:30 p.m. (9 hours)

Running Total of Hours: 267 hours 45 minutes

At my work experience today, we hosted four different games including boys baseball, girls JV softball, and girls JV and varsity lacrosse. I assisted with setting up for the baseball game and preparing the lineups for the scorekeeper. I also helped the scorekeeper keep track of what was going on in the game so both the book and the GameChanger App were on the same page. I enjoy working baseball games because that was my favorite sport to play growing up and once you acquire a love for the game it does not stop. I also had a miscellaneous job during the game because the wind turned the foul pole in left field and I had to go and put a cinderblock around it for it to stay in place. After the game, I assisted with the breakdown and cleanup of everything around.

After the baseball game was over, I headed up top to the turf field to catch the last half of the girl's lacrosse game. It was an exciting day at CV because all teams were victorious and we had a very good turnout of fans for the lacrosse games. My supervisor was teasing me about how my posters must be working for students and other faculty members to show up for the athletic contests. I am making an effort to boost school spirit for athletics as my special project and it seems to be a success for the most part. I also checked CV's twitter page and since I hung up posters in the school about the twitter page, we have seen an increase of followers by 18. I have high hopes for my plan to get students and faculty more involved with school spirit especially in athletics.

Entry #43

April 7, 2012

Today's Hours: 9 a.m. – 1:30 p.m. (4 hours 30 minutes)

Running Total of Hours: 271 hours 45 minutes

Today at Cumberland Valley, we hosted the Bruce Dallas Track and Field invitational which consisted of seven schools including Cumberland Valley. The schools that were invited to the invitational included; Cumberland Valley, Lower Dauphin, Manheim Township, Upper Perkiomen, Bradford, Cedar Crest, and Lewisburg Area HS.

My responsibilities throughout the match was to handle to track officials and assure they signed the proper paperwork and also help the CV track team out by typing the Eagles times in an excel spreadsheet for them. It was an exciting day because it was a big invitational where many schools were able to compete with one another.

Entry #44

April 9, 2012

Today's hours: 2:00 p.m. - 9:30 p.m. (7 hours 30 minutes)

Running Total of Hours: 279 hours 15 minutes

Today at Cumberland Valley, I assisted with the JV and Varsity boy's lacrosse games against the cross-town rival, the Thundering Herd from Carlisle High School. For the time spent at my work experience, I help setup the field and put the goals in the correct spot as well as the flags on the end lines. I also put extra lacrosse balls on the end lines for when the ball exits the field of play. My other responsibilities included making sure the officials signed the proper paperwork for payment. The JV ended up pulling out a victory winning 5-4 and the varsity ended up losing 7-6 in a very close game. I have been learning a lot about the sport of lacrosse lately and I find it interesting and wish I could have gotten the opportunity to play the sport myself when I was younger.

Entry #45

April 10, 2012

Today's Hours: 1:30 p.m. - 7:00 p.m. (5 hours 30 minutes)

Running Total of Hours: 284 hours 45 minutes

This afternoon at Cumberland Valley, we hosted three different sporting events including boys and girls track and field, boys JV baseball, and girls varsity softball. My day started out by printing out my daily posters for the various athletic games and then I hung them throughout the hallways of the high school. After that, I headed to the track to get the officials for the meet to sign the paperwork for payment. I did this for the umpires for the JV baseball game as well. As for the varsity softball game, I help setup the scorer's table and sat by the announcer for the entirety of the game helping keep track of the significant plays made during the game and which players stood out the most.

Entry #46

April 11, 2012

Today's Hours: 1:30 p.m. - 8:30 p.m. (7 hours)

Running Total of Hours: 291 hours 45 minutes

This evening at CV we hosted numerous boys and girls lacrosse games, where the lady eagles took on the lower dauphin falcons and the boys were scheduled to play the Rams from Central Dauphin. During my time at work today, I assisted the AD in setting up the field and sideline for the lacrosse games. I helped setup the flags at the corners, extra balls on the sideline, and the nets for the games. I helped keep the clock for the JV game and sat in the press box for the boys' varsity game and assisted the announcer for shots on goal and goals scored by which players. There is a lot more to announcing than people think and it really helps you focus on what is going on in the game.

Entry #47

April 16, 2012

Today's Hours: 1:30 p.m. - 9:30 p.m. (8 hours)

Running Total of Hours: 299 hours 45 minutes

This evening at CV High School, I assisted the athletic department in hanging up my posters as usual and then helping manage the various soccer games going on. For the girls JV game I was responsible for the referees and handling the game clock. The game clock in soccer is not bed because the time is continuous for the most part except when goals are scored or injuries occur. The biggest part of working the clock is letting the refs know when there are substitutions to be made throughout the game. I also had to run up the sideline when there was one minute left in each half to warn the refs of the 30 second and 10 second marks. I enjoyed working the soccer game because it help me get the hands on experience of running and managing an athletic event.

Entry #48

April 17, 2012

Today's Hours: 1:30 p.m. – 7:30 p.m. (6 hours)

Running Total of Hours: 305 hours 45 minutes

This afternoon at Cumberland Valley we hosted a girls varsity and junior varsity game against the Conestoga Valley Buckskins. For the varsity game, I was responsible to get the officials signatures so they can receive payments for their work and setting up the flags around the end lines. I also help run the music and the setup of the press box before the games. I am gaining a lot of good experience on the announcing side of sports and learning what is important to pay attention too, and what plays are significant enough to announce. I really am enjoying this aspect in sports and am taking the knowledge I gain from CV to my other internship announcing youth baseball on weekends.

Entry #49

April 18, 2012

Today's Hours: 1:30 p.m. - 9:30 p.m. (8 hours)

Running Total of Hours: 313 hours 45 minutes

Today I sat down and was observant of a few meetings about soccer athletic changes to the system. At the Junior High Level, there will now be girls and boys soccer in the spring and the schools will have both a jr. high jv and varsity team. (Basically a 7th and 8th grade team) These changes will be enacted in two years and there also will be future changes to other sports in high school athletics, like the switch of field hockey and girls soccer to the same season.

A few of the other things that I did today include setting up the gym for boys volleyball against Hershey. I was in charge of running the scoreboard and game clock for the match and had to keep the libero sheet for the varsity games. After the volleyball games I was able to sneak a peek at the tail end of our girls soccer game and stayed in the press box with the announcer and my supervisor.

Entry #50

April 19, 2012

Today's Hour's: 1:30 p.m. – 9:45 p.m. (8 hours 15 minutes)

Running Total of Hours: 322 hours

Today at Cumberland Valley, I helped the athletic director oversee the boys volleyball matches and the girls' soccer games. I was first responsible for handling the officials for the girls JV soccer game against Red Land and then I headed down to volleyball to run the score board until the scorekeeper got there for the varsity match. After I was finished managing the volleyball games with the assistant AD, I headed up to catch the second half of the girls varsity soccer game. It was one of the best soccer games that I have personally witnessed. The game came down to the last ten minutes when CV scored on a cross and header in the box. The lady eagles ended up defeating the Patriots 1-0. It was a good victory for the girls because they lost at Red Land previously and were down a few girls because of injury. So they stepped up their game and arose victorious. Throughout soccer games, I usually help the announcers in the press box with the players who make significant plays during the game. It is a tough job trying to pay attention to the details of sports games and which players make important impacts on the game.

Entry #51

April 21, 2012

Today's Hours: 8:00 a.m. – 4:00 p.m. (8 hours)

Running Total of Hours: 330 hours

Today at Cumberland Valley High School, I helped out with a softball tournament that the school hosted. The tournament consisted of four teams around the area including: Hershey, Dover, Southwestern, and Cumberland Valley. There were supposed to be four games today, but we were cut short on the championship game because of the weather. I kept the book for the games in the tournament, and worked alongside the announcer, Bob Shellenberger, throughout. It is good experience for me to work next to one of Pennsylvania's top sports announcers. Mr. Shellenberger has been announcing for over 43 years and I learn many techniques to how to properly announce sporting events. I was also responsible for the signatures of the officials before the game and the setup of the scorer's table and entertainment equipment.

Entry #52

April 23, 2012

Today's Hours: 1:30 p.m. – 7 p.m. (5 hours 30 minutes)

Running Total of Hours: 335 hours 30 minutes

Today at Cumberland Valley the boys varsity baseball game and the girls JV softball game was cancelled and had to be rescheduled at a later date. What I did at work today was come up with new posters for this week's upcoming home events. My supervisor explained to me how he has to call the other school's AD to reschedule any games.

My responsibilities for today included getting the officials signatures for the lacrosse games on the turf and assisting in the setup of the press box area and the entertainment for the games. I was only able to stay for the JV game but both girls lacrosse teams ended up defeating the thundering heard from Carlise High School.

Entry #53

April 24, 2012

Today's Hours: 1:30 p.m. – 7:00 p.m. (5 hours 30 minutes)

Running Total of Hours: 341 hours

Today at Cumberland Valley, we hosted a middle school track event and a JV and varsity girl's lacrosse games against the Spring Grove Rockets. Throughout the day, I hung up posters in the school for students and faculty to recognize when home games are coming up.

After that, I was responsible for the official's signatures for the girls lacrosse games and helped the announcer for the varsity game see who scores and determine which plays are significant enough to announce what had happened. As for the JV game, I helped run the clock for the game, stopping it and starting it when needed. I also helped out with the entertainment factors for the games such as the national anthem and warm-up music. I have a great time up in the press box helping out with the clock or announcing and I learn some things that I take to my other internship on the weekends.

Another event that happened at my high school today left multiple students seeing suspensions from school and prom. There was a food fight that broke out in the cafeteria and the school had to control the situation and review the security cameras to determine which students should receive disciplinary consequences because of their actions. The school ended up expelling many students and it may hinder on some of the spring sports if any student-athletes were involved.

Entry #54

April 25, 2012

Today's Hours: 1:30 p.m. – 6:30 p.m. (5 hours)

Running Total of Hours: 346 hours

Today at Cumberland Valley, we hosted a varsity softball game and a junior varsity baseball game against the Trojans from Chambersburg. I helped setup the scorer's table and manage the scorebook for the game as well as get the officials signature for payments to be mailed. I also helped the tear down of the tables and equipment after the game. It ended up being a very exciting game, in which the Eagles of CV almost came back to beat the Trojans but were stopped short by one run, giving the lady Eagles their second league loss of the year. They ended up losing the game, 4-3.

Entry #55

April 26, 2012

Today's Hours: 1 p.m. – 9:30 p.m. (8 hours 30 minutes)

Running Total of Hours: 354 hours 30 minutes

This afternoon at CV, we hosted numerous events including; boys varsity baseball, girls junior varsity softball, boys tennis, middle school track, and boys volleyball. We had a small issue when I first arrived at work because a bus was scheduled to leave at 1:15 p.m. when it actually should have been 2:15 p.m. My supervisor had to make a few phone calls to others and finally got on the school's loudspeaker to personally dismiss the JV baseball team from class at the proper time.

Other responsibilities I had throughout the day included setting up the press box area and entertainment equipment for the baseball game. I also helped the scorekeeper and announcer during the baseball game by paying close attention to what was going on during the game so he could score it properly in the GameChanger App. I also helped the announcer keep track of various small stats throughout the game in which players made significant plays. I was also given the responsibility to handle the signatures of the officials for the game so they would receive their checks in the mail. As for the volleyball matches, I helped out with keeping track of the libero sheet during the games. It was a successful day at CV because the boys baseball and volleyball teams arose victorious over their competitors.

Entry # 56

April 30, 2012

Total Hours: 8:30 a.m. - 2:00 p.m. (5 hours 30 minutes)

Running Total of Hours: 360 hours

Today at CV I came up early to help the assistant AD with the storage in the one uniform/equipment shed. It was unorganized and some of the uniforms haven't been touched in months. After a few hours organizing the shed, we went and talked to one of the assistant soccer coaches up at Eagleview Middle School. We discussed with him why the boys' soccer team has so many different jerseys and that we heard rumor that the coach planned on getting new jerseys for the fall season. We told the AD about the situation and he rejected the request from the coach. Even if the boosters offer to buy the new uniforms, we cannot have the boys soccer team have so many different uniforms and have other athletic teams with just a home and away jersey, it is just not fair.

Another issue that happened today was that the president of Cumberland Valley Aquatic Club (CVAC) which is a separate organization that teaches swimming to the youth around the area. The problem that arose was the registration deadline. The volunteer president of CVAC had the registration deadline set at Friday, April 27, 2012 by 6:30 p.m. and the flyer that was put out said the deadline was Monday, May 1, 2012 by 6:30 p.m. So the head of CVAC that is not the president is Darnell Stanford, the Assistant AD. He was the one who put the flyer out and had a discussion with the president of CVAC and the woman said that she was going to resign from the position because he threw her "under the bus." There were just a few families who have been in the program for previous years that turned in their registration forms on Monday, and the CVAC president was so unhappy that she quit.

This is a perfect example of an issue that a high school AD might run into and have to handle. The program is all about the kids, not the parents so I believe that the deadline should be extended until Monday at 6:30 p.m. because that is what the flyer said. The president of CVAC took it too personal and so quit her volunteer position because she was sick of the work that went into being the club's president.

Entry # 57

May 1, 2012

Today's Hours: 1:30 p.m. - 9:30 p.m. (8 hours)

Running Total of Hours: 368 hours

Today at Cumberland Valley High School we hosted numerous events such as a boys varsity baseball game against my alma mater, Central Dauphin High School, and girls varsity and junior varsity soccer games against Central Dauphin East High School.

Throughout my time at work today, I assisted in the setup of the press box for the game and the setup of the speakers and microphone for the announcer. My other responsibilities for the baseball game were to get the umpires signatures for payment before the game and make sure everything was in order and situated. I also help the announcer with gathering the lineups from each team, and notifying him of certain questionable plays that he and the score keeper were unsure of.

During my time at the soccer game, I just sat up in the press box with the AD and announcer while assisting him with significant plays that could be announced during the game. The CV girls' soccer team ended up defeating the Panthers from CD East 5-0

Entry # 58

May 2, 2012

Today's Hours: 1:30 p.m. - 8:30 p.m. (7 hours)

Running Total of Hours: 375 hours

Today at Cumberland Valley, we hosted a re-continuation of a championship game from two weekends ago when the lady eagles hosted a four team tournament on Saturday, April 21, 2012. The championship game was between the CV Eagles and the Mustangs from Southwestern High School. My responsibilities for the game were to keep the scorebook for the game sitting at the scorer's table behind home plate with the announcer.

The next event that was happening at my high school this evening was a varsity and JV boy's lacrosse match, against Dallastown High School. My responsibility for the lacrosse game, was to sit in the press box with the announcer and help him determine which players take shots, score, or make any play of significance. There is a lot more to announcing games than people think. It just goes to show you how the little things can really matter during a game, and by having more information about the player or team, it makes a game easier to announce.

Entry #59

May 5, 2012

Today's Hours: 8 a.m. - 5:30 p.m. (9 hours 30 minutes)

Running Total of Hours: 384 hours 30 minutes

Today at Cumberland Valley HS, we hosted a JV softball tournament that consisted of 4 games with 4 teams. The teams in the tournament included CV, Mechanicsburg, Big Spring, and Waynesboro. During my time at CV, I helped manage the girls' softball tournament and I was responsible for getting the umpires signatures prior to game time. I assisted in the setup of the scorer's table area and also helped lining the softball field in between games. I also was the PA announcer for the last 2 games for the tournament which was a good experience.

Weekly Observation

WEEKLY OBSERVATIONS

Week 1

Weekly Observation

Prompt:

Describe your initial impressions regarding the "culture" of this organization? What specifically, has helped you form these impressions?

Response:

I would have to say that my initial impressions of the CV High School athletic department was that everyone in the department was very close knit to one another. Everyone knew one another and seemed to be very welcoming and friendly people. As far as my supervisors, Mike Craig, AD, and Darnell Stanford, assistant AD, they were very down to earth guys that communicated with people in the school very well. An organization's culture is created by the people in the organization and also some external demographic factors as well. The athletic department at CV has their own mission statement explaining their core values and beliefs. It sets an example for not only students, but the faculty as well. There is a rich tradition of excellence that comes with the name Cumberland Valley High School, especially in athletics. Cumberland Valley has developed a reputation of being very competitive as far as athletics goes.

After witnessing how the culture of the organization is, it is imperative in today's public environment to act and behave professionally. The term professionalism has been stressed very much throughout college and now it is really coming in to perspective about how one must act in a public, professional environment.

Week 2

Weekly Observation

Prompt:

How have you been oriented to your role and duties in this organization? In light of your experience thus far, what will you do or not do for new employees when you are in a managerial role in an organization.

Response:

I have started to grow respect and trust with my co-workers at Cumberland Valley High School. My boss/supervisor has given me my own personal key to open various doors to the gyms, locker rooms, and equipment closet. I have been given mostly miscellaneous duties for numerous sporting events and learning the little things that are important during games, matches, and meets. In light of my work experience thus far, I would make sure that I would communicate well with my co-workers and make sure that I act professional when speaking to others in all situations. Being an athletic director, you're faced to come in contact with parents

and the public. You must act professionally and know how to behave and act in a secondary education environment. As for new employees coming into an organization when I am in a managerial position, I would welcome them politely and help them get a feel for the organizations culture and norms.

Week 3

Weekly Observation

Prompt:

Explain how you are actively working to ensure that you perform at the highest level of professionalism at your Work Experience site. What is going well for you in your internship experience?

Response:

I am working to ensure that I perform at the highest level of professionalism by showing up to work a few minutes earlier than scheduled, I come in well-groomed and look the part of a professional in the athletic field. I have done everything that has been asked of me so far throughout the internship and have even had ideas for what more I could do as far as athletic director intern. I have also came up with ideas for a special project to market the spring sports teams for their season by making posters and finding other ways to communicate to the student body to let them become aware of athletic games and contests.

As far as the things that are going well, I am meeting a lot of people in the school and becoming part of the organizational culture at Cumberland Valley. I am getting used to my main duties and responsibilities and have been gaining important communication skills by networking within the district and consistently meeting new people. I really enjoy my internship and the people I work with at Cumberland Valley High School.

Week 4

Weekly Observation

Prompt:

Explain something you need to learn or do better in your internship. How will you make this happen?

Response:

One aspect that I believe I can improve on during my internship is not to be afraid to ask questions and speak up to show interest and that I care. I feel that I need to think about the little things that I do that count. There are numerous miniscule activities athletic directors must go through behind the scenes, in order for an event/game to run smoothly. I have done the little things asked of me but I believe once the spring sports season kicks into gear, I will be utilized a lot more especially since the spring sports is the main aspect of my special project. I will continue to learn and grow throughout this experience and will go the extra mile to have a positive impression on Cumberland Valley School District and the athletic department.

Week 5

Weekly Observation

Prompt:

Describe your on-site supervisor's supervisory/leadership style. What lessons can you take away from him for your own career?

Response:

My supervisor's leadership style is a mix between authoritarian and participative. My boss, the AD, is responsible for the handling of all athletics which includes; the scheduling, transportation, officials/referees/umpires, hiring of coaches, budgeting, eligibility, and parents. This is a lot to handle so my supervisor does some of his job how the way he wants it, such as handling parents concerns and complaints in a manner he deems appropriate. He has shown examples of a participatory leadership style because he has an assistant and a secretary who he discusses certain issues with. For example, the secretary informs my supervisor of certain students who are ineligible or who are close to becoming ineligible. Since it is such a large school, it takes more than one person to handle all of the aspects for athletics at the school. Another example I witnessed that was participatory was when CV needed to hire a head girls volleyball coach. During the interview process, the AD, had his assistant and a principle assessing the candidates as well throughout the interview process. It was a group decision on who was going to become the new head coach for girls' volleyball.

As for the lessons I can take away from my work experience, I learned that it is essential to be adaptive in leadership styles because there are so many various situations that you may have never come across before when overseeing a high school athletic department.

Week 6

Weekly Observation

Prompt:

Describe something that you think could be improved upon at your internship site.

Response:

I feel that my work experience site is very organized and structured but could use some improvement in communication for preparation. There are times where there are problems before events and we are in a big rush and hurry to fix. For example, one afternoon before a swim meet, the assistant AD and I walked through the pool area and asked the swim coaches if everything was alright and ready to go before the meet. They said everything was good and they were ready for the evening. Then later that afternoon, we received a call that the printer was low on ink and they needed more so they could print stat sheets for the officials and the coaches of each team. So the assistant AD and I had to go out to office max, 30 minutes before a meet to buy ink for the printer.

This is one example of failure in preparation, but there are other times where we were in a rush to fix a scoreboard or other miscellaneous tasks. It is things like this that happens and it may not be the AD's fault, but the blame comes back to one who is in charge of it all, the Athletic Director. It is the way it is in the professional environment when people are responsible for others actions and behaviors. Other than just a few instances, the Cumberland Valley Athletic Department has received many compliments when hosting games and events at their facilities. The people who make up the department work hard to assure all athletic contests are organized and run smoothly.

Week 7

Weekly Observation

Prompt:

Analyze an experience you have had working as part of a group during Work Experience. Compare and contrast this experience with what you learned about group work during your college classes.

Response:

I have incurred a few instances working as a part of a group during my Work Experience. The one that I could analyze the best would be when I was a part of the observation of interviews and discussion of who would be the new CV head girls' volleyball coach. I was able to observe an interview from the other end of the spectrum and see what it was like to do the hiring. I was a part of the discussion and assessment of the various candidates for the position and was able to voice my opinion about how I felt about each one.

This experience was both similar and different from group work in college. Some similarities are that each individual still had their own task to do, and it was a group effort in the final assessment. The hiring is done strictly by the Athletic Director, but in this instance, he used his trusted colleges to help him with a proper assessment of the candidates.

This experience was different from group work in school because there was no "bad egg" in the group. In the professional working environment, if you do not know your objective and do not care to do the work then you will face the real-life consequences.

Week 8

Weekly Observation

Prompt:

Identify a positive example of professional communication that you have observed during Work Experience. Identify an example of communication you have observed that could benefit from improvement.

Response:

A positive example of professional communication that I have observed during my work experience happened when our school incurred an incident in which the backboard was shattered from a dunk. Right after this happened, my supervisor quickly rushed to the floor on the phone calling the janitors. Then the crowd was ecstatic and people started coming on to the floor because of the pause in the game. The AD had to communicate with the janitors, officials, announcer, security, and his assistant throughout this process. He and the officials made the decision to postpone the game until the next day to continue play. This was a learning experience for me because it was similar to a small crisis situation for the school at the time and I was right in the thick of things when the discussion and decision making was going on.

An example of communication I observed that could improve is through the schools social media outlets. This is another form of communication but Cumberland Valley High School is large and has many alumni who I am sure is still somewhat interested in the current

athletics at CV. I believe CV could utilize their website and twitter page better to reach out to people who may be interested in CV athletics but are just uninformed because they do not know. It is not as easy to access high school sports information and details compared to college and pro. This is where the internet and the online world can keep everyone informed and in the loop about CV athletics. I will attempt to get the twitter page up to 250 followers by the end of the year by hanging posters with the school's twitter account on it throughout the hallways.

Week 9

Weekly Observation

Prompt:

Identify a positive example of critical thinking that you have observed during Work Experience. Identify an example of critical thinking that you have observed that could benefit from improvement.

Response:

An example that I witness that used some critical thinking goes along with the backboard incident. Cumberland Valley did not have a replacement full-size backboard. My supervisor, Mr. Craig, had to contact some schools locally to see if CV could use one of their backboards to replace theirs for the continuation of the Mid-Penn playoff game. CV ended up finding a backboard to use from Mechanicsburg High School. This was a life saver for the school because then they would have to brainstorm ideas on what to do for the continuation of the game. Luckily, everything worked out well and the show went on.

An example of critical thinking that I observed that could benefit from improvement involves the way they setup the aisles for the lines at the PSAC Swimming Championships. Between the setup of the concession stand, ticket tables, and dividers the space in the lobby was not being utilized fully. Because of the setup, people were forced to stand and wait outside until the gates opened to start seating. I believe that if they change how they designed the layout, they would not have as much wasted space and some unhappy people.

Week 10

Weekly Observation

Prompt:

Discuss any interactions you have had with someone who you would consider either a mentor or a role model. What have you learned from this individual?

Response:

I have experienced many interactions with individuals while doing my work experience at Cumberland Valley High School. One of the individuals that I would consider a mentor or role model is the CV's Assistant Athletic Director, Darnell Stanford. I interact with Darnell just as much as I do with, Mike Craig, the head AD. Many times, situations arise and before the problem reaches the AD, Darnell is the one who will do what he can to resolve the issue. For example, there was an issue where a printer was low on ink before a swim meet and Darnell and I had to go out and get the ink so the stat sheets could be printed for the meet. I have learned a lot from Darnell working at Cumberland Valley.

There are many things that I have learned from my work experience that cannot be taught in a classroom. I learned that nothing is ever perfect and something can always be improved. It is interesting seeing how many people throughout the school go to Darnell about their problems. Whether it's the pool, a student, or whatever it may be, people go to Darnell about problems that have nothing to do with athletics. Darnell taught me to learn how to adapt to various situational problems and know your role as an individual. He would never try to solve an issue that was none of his business or responsibility. He taught me that many people like to pass the blame, so it is important to be cautious about approaching and handling various issues.

Darnell is a mature down to earth individual who has taught me many "street smart" skills for the professional working environment. He knows how to act and behave properly in different situations, which is important when working at a high school around young teens. Mr. Stanford is not just my co-worker, but my friend and role model too because of the untaught skills when working with other people in a public figure position. I have learned many "unwritten" important rules that I will take with me after graduating college and entering the professional world.

Week 11

Describe how new employees are hired within this organization. What lessons can you take from this to help you in your own professional development?

The school I work at advertises positions in the newspaper and online for potential candidates. After all of the resumes are gathered, they go through another selection process to choose which people would be most qualified and suitable for the job. After the resumes are chosen, the school develops a hiring committee consisted of the AD, the Assistant AD, and an administrator. They go through an interview process where candidates are brought in and asked various questions pertaining to the position. The hiring committee then reviews their thoughts and opinions on each candidate and a final selection is made.

I can take lessons from this in my own professional development, because I was able to get a chance to be on the other side of an interview, the hiring side. It was good to know how people evaluate others to make decisions, and it gave me a chance to see what employers look for in people to hire for open positions. The committee I sat in on expected full detailed answers to the questions asked and encouraged each candidate to ask questions themselves. It was good experience seeing an interview and the hiring process from another perspective and taught me some valuable elements that will hopefully help me find a full-time position.

Week 12

How are you feeling about the upcoming end of your Work Experience? How has Work Experience influenced your professional future?

I am feeling very satisfied with all that I have learned as my internship is on the decline and how I have adapted into an organizations culture. I have made many good connections when

working alongside other professionals in education and athletics and believe that the networking I did throughout my internship could help me out later down the road when looking for a job. I am a firm believer in, “it is all about who you know, rather than what you know” and have been an eyewitness to why this is true in the professional world. By networking and building bridges between people can always help and never hurt. You never know how or where you could end up by just knowing someone who knows someone.

Week 13

Describe some aspects from the internship that cannot be taught in class?

Some of the aspects I deal with at my work experience that cannot be taught in the classroom are the interpersonal communication skills acquired when dealing with parents, officials, and coaches. The actual interaction between people is a major part of being an athletic director and you must be alert and cautious to any changes or problems that could occur at any time.

Week 14

Explain how my work experience site assures that they are in compliance with Title IX.

At the high school I work at, they have 26 athletic teams, 13 boys' teams and 13 girls' teams. They do their very best to make athletics a fair playing field for all student-athletes, male or female. My supervisor said that they have a big meeting at the beginning of each school year to determine practice times, and who gets to use what facility available. They host this meeting so that everyone gets a fair share of practice times, facilities, and game times, etc... Cumberland Valley uses a software program called schedule star to input all of the practices, games, and where they will be hosted. It is a very useful program that helps keep everything organized and in tune so that coaches do not have to worry about fighting over fields, gyms, or anything like that.

Week 15

Identify how communication skills are used by my supervisor?

Communication is probably the most important skill to have as an athletic director. A position such as this deals with both types of communication, verbal and non-verbal. As an AD, my supervisor deals with non-stop communication via e-mails, phone calls, personal encounters, and face to face meetings. The AD at my school is always on his phone e-mailing, calling, or tweeting information that involves athletics at Cumberland Valley.

I am a very sociable type of person that I feel would fit well into a position such as AD, because I can make connections with people and can handle all of the stress and complaints that go along with the job. By being around my supervisor throughout the semester, communication

is clearly the main element to being a successful professional in this field. You must be able to clearly convey messages to individuals all of all types. I believe that by harnessing my communication skills and being able to convey messages in a professional manner, I could one day be a good fit for a position such as athletic director.

Week 16

What are some PIAA rule changes that will affect high school's athletic departments in the next year?

This week at work, I learned that the Pennsylvania Interscholastic Athletic Association (PIAA) has made numerous rule changes to home and away uniforms for all athletic teams starting in 2013. The rule was explained to me by my supervisor briefly, but he said that there cannot be more than 2 colors on jerseys and that home jerseys should be white.

These rules will have an effect on many schools that need to buy new uniforms for their athletic teams to fit the new regulations. This will cost some schools a decent chunk of change out of their budgets. I thought that it was very interesting how the PIAA is making defined rules for uniforms for all high schools throughout the state of Pennsylvania.